



Acupuncture Intake and History Forms

Date: _____

Legal Name: _____ Cell Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

Date of Birth: _____ Age: _____ Home Phone: _____ Preferred Contact: Home or Cell

Email: _____ How were you referred to the office? _____

Name and Phone Number of Primary Care Physician: _____

Emergency Contact: _____ Phone: _____

Have you had acupuncture before? YES NO If so, Where and what was outcome? _____

Main Complaint

Please list your complaints or health goals with Acupuncture:

When and how did the complaint begin? _____

On a scale of 0 to 10, how severe are your symptoms? (0 being none, 10 being very severe) _____

What makes it worse? _____

What makes it better? _____

What diagnosis have you been given for these problems? _____

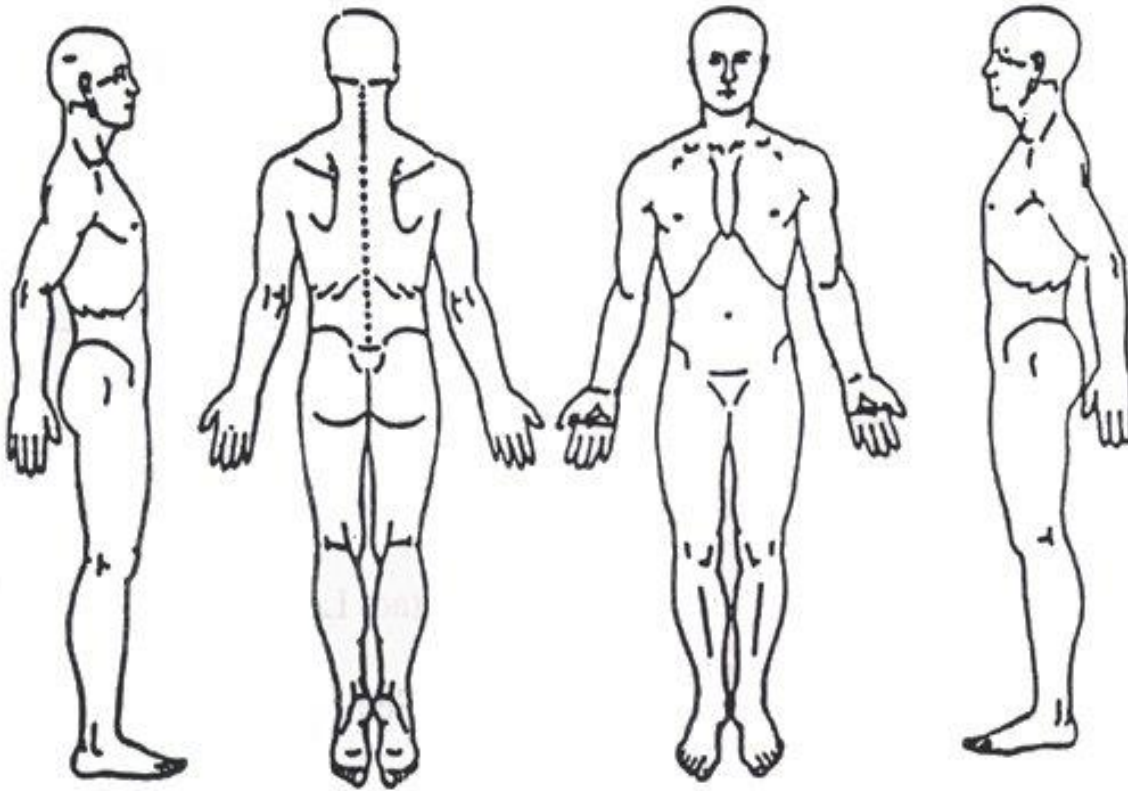
What other treatments have you tried and what were the outcomes? _____

Personal History

Illnesses/Current Health Issues within the last year	
Major Surgeries	

Significant Trauma: (i.e. motor vehicle accidents, fractures, etc.)	
Do have a history of current or past infectious disease? Please describe	
Medicines (please list all medications, herbs, vitamins and over the counter drugs)	
Allergies/Sensitivities (Please list any foods, drugs, medications or environmental factors which you are sensitive or allergic to)	

Please describe pain and place on diagram below:



Please place a check below if you have had symptoms within the last six (6) months:

General

- | | | |
|--|---------------------------------------|--|
| <input type="checkbox"/> Poor Appetite | <input type="checkbox"/> Weakness | <input type="checkbox"/> Sudden Energy Drops |
| <input type="checkbox"/> Hearing Loss | <input type="checkbox"/> Fevers | <input type="checkbox"/> Chills |
| <input type="checkbox"/> Easy to Bleed or Bruise | <input type="checkbox"/> Sweat Easily | <input type="checkbox"/> Fatigue |
| <input type="checkbox"/> Strong Thirst | <input type="checkbox"/> Poor Sleep | <input type="checkbox"/> Tremors |
| <input type="checkbox"/> Puffiness or Swelling | <input type="checkbox"/> Poor Balance | <input type="checkbox"/> Weight Loss |
| <input type="checkbox"/> Night Sweats | <input type="checkbox"/> Cravings | <input type="checkbox"/> Weight Gain |
| <input type="checkbox"/> Changes in Appetite | <input type="checkbox"/> Other: | |

Please place a check below if you have had symptoms within the last six (6) months:

Skin & Hair

- | | | |
|--------------------------------------|----------------------------------|---------------------------------------|
| <input type="checkbox"/> Rashes | <input type="checkbox"/> Itching | <input type="checkbox"/> Dandruff |
| <input type="checkbox"/> Skin Ulcers | <input type="checkbox"/> Eczema | <input type="checkbox"/> Hair Loss |
| <input type="checkbox"/> Hives | <input type="checkbox"/> Pimples | <input type="checkbox"/> Recent Moles |

Head, Eyes, Ears, Nose, and Throat

- | | | |
|--|--|---|
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Toothache | <input type="checkbox"/> Blurry Vision |
| <input type="checkbox"/> Cataracts | <input type="checkbox"/> Ear Ringing | <input type="checkbox"/> Sinus Problems |
| <input type="checkbox"/> Taste/Smell Problems | <input type="checkbox"/> Headaches | <input type="checkbox"/> Concussions |
| <input type="checkbox"/> Eye Strain/Pain | <input type="checkbox"/> Night Blindness | <input type="checkbox"/> Poor Hearing |
| <input type="checkbox"/> Nose Bleeds | <input type="checkbox"/> Facial Pain | <input type="checkbox"/> TMJ Pain |
| <input type="checkbox"/> Migraines | <input type="checkbox"/> Ear Aches | <input type="checkbox"/> Spots in Front of Eyes |
| <input type="checkbox"/> Recurrent Sore Throat | <input type="checkbox"/> Lip or Tongue Sores | <input type="checkbox"/> Floaters |

Cardiovascular

- | | | |
|--|---|--|
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Low Blood Pressure | <input type="checkbox"/> Irregular Heartbeat |
| <input type="checkbox"/> Cold Hands or Feet | <input type="checkbox"/> Blood Clots | <input type="checkbox"/> Palpitations |
| <input type="checkbox"/> Swelling of Hands | <input type="checkbox"/> Swelling of Feet | <input type="checkbox"/> Chest Pain |
| <input type="checkbox"/> Phlebitis | <input type="checkbox"/> Fainting | <input type="checkbox"/> Lightheadedness |

Respiratory

- | | | |
|---------------------------------|--|---|
| <input type="checkbox"/> Cough | <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Difficulty Breathing |
| <input type="checkbox"/> Phlegm | <input type="checkbox"/> Coughing Up Blood | <input type="checkbox"/> Pneumonia |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Painful Breathing | <input type="checkbox"/> Easily Winded |

Gastro-Intestinal

- | | | |
|---|---------------------------------------|---|
| <input type="checkbox"/> Nausea | <input type="checkbox"/> Constipation | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> Bad Breath | <input type="checkbox"/> Ulcers | <input type="checkbox"/> Abdominal Pain |
| <input type="checkbox"/> Chronic Laxative Use | <input type="checkbox"/> Vomiting | <input type="checkbox"/> Intestinal Gas |
| <input type="checkbox"/> Indigestion | <input type="checkbox"/> Rectal Pain | <input type="checkbox"/> Belching |
| <input type="checkbox"/> Blood in Stools | <input type="checkbox"/> Hemorrhoids | |

Urology

- | | | |
|---|---|---|
| <input type="checkbox"/> Painful Urination | <input type="checkbox"/> Urgency to Urinate | <input type="checkbox"/> Unable to Hold Urine |
| <input type="checkbox"/> Decrease in Urine Flow | <input type="checkbox"/> Frequent Urination | <input type="checkbox"/> Blood in Urine |
| <input type="checkbox"/> Cloudy Urine | <input type="checkbox"/> Kidney Stones | <input type="checkbox"/> Frequent Night Urination |
| <input type="checkbox"/> Pain in Groin Area | <input type="checkbox"/> Sexually Transmitted Disease | |

Neuro-Psychological

- | | | |
|---------------------------------------|---|--------------------------------------|
| <input type="checkbox"/> Seizures | <input type="checkbox"/> Areas of Numbness | <input type="checkbox"/> Concussion |
| <input type="checkbox"/> Twitches | <input type="checkbox"/> Lack of Coordination | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Irritability | <input type="checkbox"/> Loss of Balance | <input type="checkbox"/> Stress |
| <input type="checkbox"/> Poor Memory | <input type="checkbox"/> Anxiety | <input type="checkbox"/> Mood Swings |
| <input type="checkbox"/> Tremors | | |

Please place a check below if you have had symptoms within the last six (6) months:

Gynecology

- | | | |
|---------------------------|--|---|
| _____ Age of Menses | <input type="checkbox"/> Irregular Periods | <input type="checkbox"/> Clots |
| _____ Duration of Menses | <input type="checkbox"/> Painful Periods | <input type="checkbox"/> PMS |
| _____ Date of Last Menses | <input type="checkbox"/> Breast Lumps | <input type="checkbox"/> Menopausal |
| _____ # of Pregnancies | <input type="checkbox"/> Spotting | <input type="checkbox"/> Yeast Infections |
| _____ # of Births | <input type="checkbox"/> Vaginal Discharge | <input type="checkbox"/> Fertility Problems |

Musculo-Skeletal

- | | | |
|--|---|--|
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Muscle Weakness | <input type="checkbox"/> Muscle Cramping |
| <input type="checkbox"/> Muscle Spasms | <input type="checkbox"/> Scoliosis | <input type="checkbox"/> Weak Joints |
| <input type="checkbox"/> Pain with Weather Changes | <input type="checkbox"/> Pain with Activity | <input type="checkbox"/> Pain After Waking |

Do you currently have an exercise regimen? _____ If so, please describe: _____

Do you drink coffee? _____ How much? _____

Current tobacco use? _____ How much? _____

Do you drink alcohol? _____ How often? _____

Are you under regular stress? _____ If so, how often and how are your currently managing it? _____

I certify the information provided is accurate to the best of my knowledge:

Signature of Patient _____ Date: _____

AUTHORIZATION AND RELEASE: I authorize payment of insurance benefits directly to the chiropractor or chiropractic office. I authorize the doctor to release all information necessary to communicate with personal physicians and other healthcare providers and payers and to secure the payment of benefits. I understand that I am responsible for all costs of care, regardless of insurance coverage. I also understand that if I suspend or terminate my schedule of care as determined by my treating doctor, any fees for professional services will be immediately due and payable. The patient understands and agrees to allow this chiropractic office to use their Patient Health Information for the purpose of treatment, payment, healthcare operations, and coordination of care. We want you to know how your Patient Health Information is going to be used in this office and your rights concerning those records. If you would like to have a more detailed account of our policies and procedures concerning the privacy of your Patient Health Information we encourage you to read the HIPAA NOTICE that is available to you at the front desk before signing this consent. If there is anyone (other than the parties mentioned above) that you do want to receive your medical records, please inform our office.

Patient's Signature: _____ Date: _____

Guardian's Signature Authorizing Care: _____ Date: _____